

## March 2024



## **Hagey Neighbourhood**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Main Street: MS Community Centre: CC Chapel: C Library: L Fitness Centre: FC Courtyard: CY	Johnston: Jo Matthews: Ma Pollock: Po Hagey: Ha Wright: Wr Downey: Do Retirement: RH				1 8:30 Breakfast 10:30 Stepping Out 12:15 Lunch 2:30 For the Fun of Fit 4:15 You and Me 5:15 Dinner 6:30 Crafting Club ( CC)	2 8:30 Breakfast 10:15 You and Me 12:15 Lunch 2:00 Entertainment with Henry Winter (Wr) 3:30 Express Yourself 5:15 Dinner
3 8:30 Breakfast 10:00 For the Soul 12:15 Lunch 2:15 In the Kitchen 3:45 Brains and Banter 5:15 Dinner	4 8:30 Breakfast 10:30 Village Town Hall (C) 11:00 Brains and Banter 12:15 Lunch 2:00 Soothing Sensations 3:30 Musical Moments 5:15 Dinner 6:30 Game Show Trivia (CC)	5 8:30 Breakfast 9 - 12 Colour Paradise Greenhouse Outing 9:30 Rosary 10:30 Music with Melissa 12:15 Lunch 1:30 Green Thumbs 2:00 Stepping Out 2:45 Art with Sonal 4:15 You and Me 5:15 Dinner 6:30 Karaoke (CC)	6 8:30 Breakfast 10:15 Circle of Friends 12:15 Lunch 2:00 Stepping Out 3:30 You and Me 5:15 Dinner 6:30 Documentary and Popcorn (C)	7 8:30 Breakfast 9:30 Church Service (C) 10:45 You and Me 12:15 Lunch 2:00 Musical Moments 3:15 Circle of Friends 5:15 Dinner 6:00 Tim Hortons Outing (Jo, Ma)	8 8:30 Breakfast 12:15 Lunch 3:30 Stepping Out 4:15 You and Me 5:15 Dinner 6:30 Crafting Club ( CC)	9 8:30 Breakfast 10:15 Express Yourself 12:15 Lunch 2:00 Entertainment with Lynne & Rick (Do) 3:30 Soothing Sensation 5:15 Dinner
10 Daylight Savings Time Begins 8:30 Breakfast 10:00 For the Soul 12:15 Lunch 2:15 Circle of Friends 3:45 Express Yourself 5:15 Dinner	11 First Day of Ramadan 8:30 Breakfast 11:00 Brains and Banter 12:15 Lunch 2:00 Calendar Planning & Bill of Rights Meeting 3:00 Stepping Out 5:15 Dinner 6:30 Game Show Trivia (CC)	12 8:30 Breakfast 9:30 Rosary 10:30 Music with Melissa 11:30 You and Me 12:15 Lunch 1:00 Musical Moments 1:30 Green Thumbs 2:45 Art with Sonal 4:15 Stepping Out 5:15 Dinner 6:30 Devotions (CC)	13 8:30 Breakfast 10:15 You and Me 12:15 Lunch 2:00 Express Yourself 3:30 Brains and Banter 5:15 Dinner 6:30 Games Night (CC)	14 8:30 Breakfast 9:30 Church Service (C) 10:45 You and Me 12:15 Lunch 2:00 Hagey Fitness 2:00 Residents Council (C) 3:15 Circle of Friends 5:15 Dinner 6:30 Active Games (CC)	15 8:30 Breakfast 10:30 In the Kitchen 12:15 Lunch 3:30 Stepping Out 4:15 Brains and Banter 5:15 Dinner 6:30 Crafting Club ( CC)	16 8:30 Breakfast 10:15 Musical Moments 12:15 Lunch 1:30 Soothing Sensations 3:00 For the Fun of Fit 5:15 Dinner
17 St. Patrick's Day 8:30 Breakfast 10:00 For the Soul 12:15 Lunch 2:00 St. Patrick's Day Event (MS) 3:45 Express Yourself 5:15 Dinner	18 8:30 Breakfast 10:45 Brains and Banter 12:15 Lunch 2:30 You and Me 4:00 Musical Moments 5:15 Dinner 6:30 Game Show Trivia (CC)	19 Spring Begins 8:30 Breakfast 9:30 Rosary 10:30 Music with Melissa 11:15 You and Me 12:15 Lunch 1:30 Green Thumbs 2:00 Stepping Out 2:45 Art with Sonal 4:15 Soothing Sensations 5:15 Dinner 6:30 Karaoke (CC)	20 8:30 Breakfast 10:15 You and Me 12:15 Lunch 2:00 In the Kitchen 3:30 Circle of Friends 5:15 Dinner 6:30 Games Night (CC)	21 8:30 Breakfast 9:30 Church Service (C) 10:45 You and Me 12:15 Lunch 1-3pm Visits with Baby Chicks 3:15 Circle of Friends 5:15 Dinner 6:30 Active Games (CC)	8:30 Breakfast 12:15 Lunch 3:30 Stepping Out 4:15 You and Me 5:15 Dinner 6:30 Crafting Club ( CC)	8:30 Breakfast 10:15 You and Me 12:15 Lunch 2:00 Entertainment with Kevin Coates (Po) 3:30 Express Yourself 5:15 Dinner
24 Palm Sunday 8:30 Breakfast 10:00 For the Soul 12:15 Lunch 2:15 Brains and Banter 3:45 Stepping Out 5:15 Dinner	25 Holi 8:30 Breakfast 10:00 Stepping Out 12:15 Lunch 2:30 Waterloo Chamber Players (RH) 3:30 You and Me 5:15 Dinner 6:30 Game Show Trivia (CC)	26 8:30 Breakfast 9:30 Rosary 10:30 Music with Melissa 11:15 Stepping Out 12:15 Lunch 1:00 Soothing Sensations 1:30 Green Thumbs 2:45 Art with Sonal 4:15 You and Me 5:15 Dinner 6:30 Devotions (CC)	8:30 Breakfast 10:15 You and Me 12:15 Lunch 2:00 Express Yourself 2:00 Food Committee Meeting (C) 3:30 For the Fun of Fit 5:15 Dinner 6:30 Games Night (CC)	28 8:30 Breakfast 9:30 Easter Church Service (C) 10:45 You and Me 12:15 Lunch 1 - 4 Butterfly Conservatory Outing 2:00 Hagey Fitness 5:15 Dinner 6:30 Active Games (CC)	29 Good Friday 8:30 Breakfast 10:30 In the Kitchen 12:15 Lunch 3:30 Stepping Out 4:15 You and Me 5:15 Dinner 6:30 Crafting Club ( CC)	30 8:30 Breakfast 10:15 Express Yourself 12:15 Lunch 1:30 Musical Moments 3:00 Brains and Banter 5:15 Dinner

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5:15 Dinner