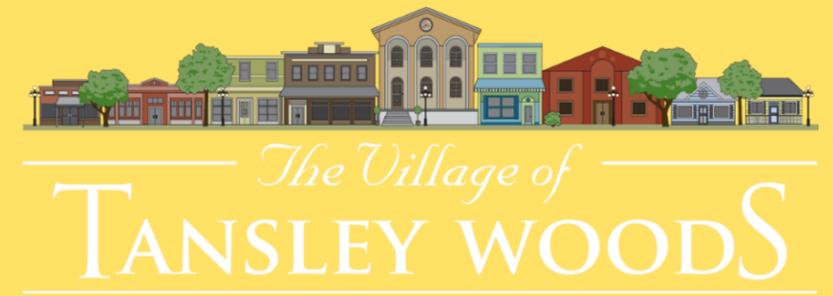




# April 2024

## Nelson



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Legend CC- Community Center FC- Fitness Center TH- Town Hall L- Library MS- Main Street</p>	<p><b>1 Easter Monday</b> 8:15 Breakfast 9:00 Neighbourhood Times 10:00 Mother Goose 11:00 Horticulture Therapy 12:00 Lunch 2:00 Soothing Sensations 3:00 In The Kitchen 5:00 Dinner 6:30 Brains and Banter-CC</p>	<p><b>2</b> 8:15 Breakfast 9:00 Neighbourhood Times 11:00 Spiritual Visits 12:00 Lunch 2:00 Stepping Out 3:00 Musical Moments 4:00 You and Me 5:00 Dinner</p>	<p><b>3</b> 8:15 Breakfast 9:00 Neighbourhood Times 10:00 For The Soul 11:00 Brains and Banter 11:15 Fun &amp; Fit 12:00 Lunch 1:30 Music Therapy 3:30 Stepping Out 5:00 Dinner</p>	<p><b>4</b> 8:15 Breakfast 9:00 Neighbourhood Times 10:00 Musical Moments 11:00 Stepping Out 12:00 Lunch 2:00 You and Me 3:00 In The Kitchen 5:00 Dinner</p>	<p><b>5</b> 8:15 Breakfast 9:00 Neighbourhood Times 10:00 Musical Moments 11:00 Stepping Out 11:00 CTV Therapy Dog Visits- MS 12:00 Lunch 2:00 Soothing Sensations 3:00 Art Therapy 5:00 Dinner</p>	<p><b>6</b> 8:15 Breakfast 9:00 Neighbourhood Times 10:00 For The Soul 11:00 Express Yourself 12:00 Lunch 2:00 Circle of Friends 3:00 Ron Tansley- TH 4:00 Stepping Out 5:00 Dinner</p>
<p><b>7</b> 8:15 Breakfast 9:00 Neighbourhood Times 10:00 Circle of Friends 11:00 Total Body Fitness 11:00 Brains and Banter 12:00 Lunch 2:30 Church- TH 3:00 Fellowship- CC 4:00 You and Me 5:00 Dinner</p>	<p><b>8 Eid al-Fitr</b> 8:15 Breakfast 9:00 Neighbourhood Times 10:30 Mother Goose- TH 11:00 For The Fun of Fit 12:00 Lunch 2:00 Stepping Out 3:00 Solar Eclipse-Front Lawn 4:00 You and Me 5:00 Dinner 6:30 Brains and Banter-CC</p>	<p><b>9</b> 8:15 Breakfast 9:00 Neighbourhood Times 11:00 Spiritual Visits 12:00 Lunch 2:00 Soothing Sensations 3:00 In The Kitchen 5:00 Dinner 6:30 You and Me</p>	<p><b>10</b> 8:15 Breakfast 9:00 Neighbourhood Times 10:00 For The Soul 11:00 Brains and Banter 11:15 Fun &amp; Fit 12:00 Lunch 1:30 Music Therapy 2:30 Drum Fit 3:00 In The Kitchen-CC 5:00 Dinner</p>	<p><b>11 Pet Day</b> 8:15 Breakfast 9:00 Neighbourhood Times 10:00 Musical Moments 11:00 Express Yourself 12:00 Lunch 1:15 Horticulture Therapy 2:00 You and Me 2:30 Little Ray's Zoo- MS 4:00 Stepping Out 5:00 Dinner</p>	<p><b>12</b> 8:15 Breakfast 9:00 Neighbourhood Times 10:00 Circle of Friends 11:00 Musical Moments 12:00 Lunch 2:00 You and Me 2:30 Sing A Long Melodies- TH 3:30 Stepping Out 5:00 Dinner</p>	<p><b>13</b> 8:15 Breakfast 9:00 Neighbourhood Times 10:30 Scrabble Social- CC 12:00 Lunch 1:15 Art Therapy 2:00 Stepping Out 3:00 Jay Franco- TH 4:00 You and Me 5:00 Dinner</p>
<p><b>14</b> 8:15 Breakfast 9:00 Neighbourhood Times 10:00 Movie Matinee 12:00 Lunch 2:30 Church- TH 3:00 Fellowship- CC 4:00 You and Me 5:00 Dinner</p>	<p><b>15</b> 8:15 Breakfast 9:00 Neighbourhood Times 10:30 Mother Goose- TH 11:00 Stepping Out 12:00 Lunch 2:00 Soothing Sensations 3:00 In The Kitchen 5:00 Dinner 6:30 Brains and Banter-CC</p>	<p><b>16</b> 8:15 Breakfast 11:00 Spiritual Visits 12:00 Lunch 1:00 Neighbourhood Times 2:00 Circle of Friends 3:00 In The Kitchen 5:00 Dinner 6:30 You and Me</p>	<p><b>17</b> 8:15 Breakfast 9:00 Neighbourhood Times 10:00 For The Soul 11:00 Brains and Banter 11:15 Fun &amp; Fit 12:00 Lunch 1:30 Music Therapy 2:30 Drum Fit- FC 3:30 Stepping Out 5:00 Dinner</p>	<p><b>18</b> 8:15 Breakfast 9:00 Neighbourhood Times 10:00 Musical Moments 11:00 For The Fun of Fit 12:00 Lunch 1:15 Horticulture Therapy 2:00 You and Me 3:00 In The Kitchen 5:00 Dinner</p>	<p><b>19</b> 8:15 Breakfast 9:00 Neighbourhood Times 10:00 Circle of Friends 11:00 Musical Moments 12:00 Lunch 2:00 Soothing Sensations 3:00 For The Fun of Fit 5:00 Dinner</p>	<p><b>20</b> 8:15 Breakfast 9:00 Neighbourhood Times 10:00 Musical Moment 11:00 Brains and Banter 12:00 Lunch 1:15 Art Therapy 2:00 Stepping Out 3:00 Tyrsa Dance School- TH 4:00 You and Me 5:00 Dinner</p>
<p><b>21</b> 8:15 Breakfast 9:00 Neighbourhood Times 10:00 For The Soul 11:00 Total Body Fitness 11:00 Brains and Banter 12:00 Lunch 2:00 Parang Group-TH 3:30 Stepping Out 5:00 Dinner</p>	<p><b>22 Earth Day</b> 8:15 Breakfast 9:00 Neighbourhood Times 10:30 Mother Goose- TH 11:00 Stepping Out 12:00 Lunch 2:30 Church- TH 3:30 Express Yourself 5:00 Dinner 6:30 Brains and Banter-CC</p>	<p><b>23 Diner's Club</b> 8:15 Breakfast 11:00 Spiritual Visits 12:00 Lunch 1:00 Neighbourhood Time 2:00 Circle of Friends 3:00 In The Kitchen 5:00 Dinner 6:30 You and Me</p>	<p><b>24</b> 8:15 Breakfast 9:00 Neighbourhood Times 10:00 For The Soul 11:00 Brains and Banter 11:15 Fun &amp; Fit 12:00 Lunch 1:30 Music Therapy 2:30 Laughter Yoga- FC 3:30 Stepping Out 5:00 Dinner</p>	<p><b>25 Breakfast Club</b> 8:15 Breakfast 9:00 Neighbourhood Times 10:00 Circle of Friends 11:00 Musical Moments 12:00 Lunch 1:15 Horticulture Therapy 2:00 Stepping Out 5:00 Dinner</p>	<p><b>26</b> 8:15 Breakfast 9:00 Neighbourhood Times 10:00 Circle of Friends 11:00 Musical Moments 12:00 Lunch 2:00 Soothing Sensations 3:00 In The Kitchen 4:00 You and Me 5:00 Dinner</p>	<p><b>27</b> 8:15 Breakfast 9:00 Neighbourhood Times 10:00 In The Kitchen 11:00 Circle of Friends 12:00 Lunch 1:15 Art Therapy 2:00 Stepping Out 3:00 Gerry Larkin- TH 4:00 You and Me 5:00 Dinner</p>
<p><b>28</b> 8:15 Breakfast 9:00 Neighbourhood Times 10:00 Movie Matinee 12:00 Lunch 2:30 Church- TH 3:00 Fellowship- CC 4:00 You and Me 5:00 Dinner</p>	<p><b>29</b> 8:15 Breakfast 9:00 Neighbourhood Times 10:30 Mother Goose- TH 11:00 Stepping Out 12:00 Lunch 2:00 Soothing Sensations 3:00 In The Kitchen 5:00 Dinner 6:30 Brains and Banter-CC</p>	<p><b>30</b> 8:15 Breakfast 11:00 Spiritual Visits 12:00 Lunch 1:00 Neighbourhood Time 2:00 Stepping Out 3:00 Wine Time- CC 5:00 Dinner 6:30 You and Me</p>				<p><b>Residents Bill Of Rights</b> 23. Every Resident Has The Right To Pursue Social, Cultural, Religious, Spiritual Or Other Interests, To Develop His Or Her Potential And To Given Reasonable Assistance By The Licensee To Pursue These Interests And To Develop Their Potential.</p>