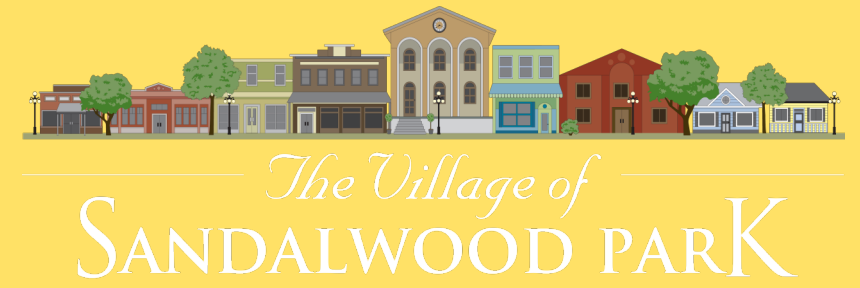




April 2024

Cumberland



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 8:30 Breakfast 10:00 Board Game 11:00 Ball Toss 12:00 Lunch 2:30 For the Soul 3:15 On the move 5:00 Dinner	2 8:30 Breakfast 10:15 you and me 12:00 Lunch 2:30 Bingo 5:00 Dinner 6:00 On the move	3 8:30 Breakfast 10:00 You & I 11:00 Drum Fit 12:00 Lunch 2:30 Word Game 3:30 Walk & Talk 5:00 Dinner	4 8:30 Breakfast 10:00 Sensational senses 10:45 Bingo 12:00 Lunch 1:30 Music with Daiva 2:30 IN2L fun 5:00 Dinner	5 8:30 Breakfast 10:00 Sensational Senses 11:00 On the move 12:00 Lunch 1:30 Garden Club with jenny 2:30 IN2L fun 4:00 Friendly Chat 5:00 Dinner	6 8:30 Breakfast 10:30 Musical Moments 12:00 Lunch 2:30 Ball toss 5:00 Dinner
7 8:30 Breakfast 10:00 Virtual Mass 12:00 Lunch 2:30 Brains & Banter 3:30 Walk & Talk 5:00 Dinner	8 8:30 Breakfast 10:30 Catholic Mass 10:30 Sensational senses 12:00 Lunch 1:30 Art Therapy with Glynis 2:30 Brains & Banter 3:30 On the Move 5:00 Dinner	9 8:30 Breakfast 10:00 Musical Moments 12:00 Lunch 2:30 Bingo 3:30 You and I 5:00 Dinner 6:00 Horse Races	10 (EID) 8:30 Breakfast 10:30 Musical Moments 11:00 Drum Fit 12:00 Lunch 2:30 In the kitchen 3:30 You & I 5:00 Dinner	11 National Pet Day (EID) 8:30 Breakfast 10:00 Board Games 11:00 Bingo 12:00 Lunch 1:30 Music with Daiva 2:30 IN2L Fun 5:00 Dinner	12 8:30 Breakfast 10:30 Stepping Out 12:00 Lunch 1:30 Garden Club with jenny 2:30 Word wheel with donuts 5:00 Dinner 6:00 Music & Memories	13 8:30 Breakfast 10:30 Musical Moments 12:00 Lunch 2:30 Ballon Tennis 4:00 You & Me 5:00 Dinner
14 8:30 Breakfast 10:00 musical moments 12:00 Lunch 2:15 Church Service 3:30 You & Me 5:00 Dinner	15 8:30 Breakfast 10:00 Board Game 11:00 Ball Toss 12:00 Lunch 2:30 Balloon Tennis 3:15 On the move 5:00 Dinner	16 8:30 Breakfast 10:00 You & I 10:30 Garden Club with Conny 11:00 Brains & Banter 12:00 Lunch 2:30 Bingo 5:00 Dinner 6:00 On the move	17 8:30 Breakfast 10:00 You & I 10:30 Residents Council 11:00 Drum Fit 12:00 Lunch 2:30 Arts and Crafts 3:30 Walk & Talk 5:00 Dinner	18 8:30 Breakfast 10:00 Sensational senses 10:45 Bingo 12:00 Lunch 1:30 Music with Daiva 2:30 IN2L fun 5:00 Dinner	19 8:30 Breakfast 10:00 On the move 11:00 Board games 12:00 Lunch 1:30 Garden Club with jenny 2:30 Ice Cream social 5:00 Dinner 6:00 Word Games	20 8:30 Breakfast 10:00 Music appreciation 12:00 Lunch 2:00 Golden Oldies 3:30 Walk & Talk 5:00 Dinner



April 2024

Cumberland



The Village of
SANDALWOOD PARK

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

21

8:30 Breakfast
10:00 Virtual Mass
12:00 Lunch
2:30 Active games
3:30 You & I
5:00 Dinner

22 Earth Day

8:30 Breakfast
10:00 On the move
11:00 Music Appreciation
12:00 Lunch
1:30 Art Therapy with Glynis
2:30 Board Games
3:30 You & I
5:00 Dinner

23

8:30 Breakfast
10:00 Stepping Out
11:00 Brains & Banter
12:00 Lunch
2:30 Bingo
5:00 Dinner
6:00 Word Games

24

8:30 Breakfast
10:00 On the move
11:00 Drum Fit
12:00 Lunch
2:30 Birthday Bash with Ryan-J,OA
5:00 Dinner

25

8:30 Breakfast
10:00 On the move
10:30 Bingo
12:00 Lunch
1:30 Music with Daiva
2:30 Board Games
3:30 1:1 Visits
5:00 Dinner

26

8:30 Breakfast
10:30 Food Committee
12:00 Lunch
1:30 Garden Club with jenny
2:30 Brains & Banter
5:00 Dinner

27

8:30 Breakfast
10:00 Music Appreciation
12:00 Lunch
2:30 Ball Toss
4:00 You & Me
5:00 Dinner

28

8:30 Breakfast
10:00
12:00 Lunch
2:30 Church Service
2:30 Word Game
5:00 Dinner

29

8:30 Breakfast
10:30 On the move
11:00 Sensational senses
12:00 Lunch
1:30 Art Therapy with Gyniss
2:30 Horse Races
3:00 you & I
5:00 Dinner

30 Poetry Day

8:30 Breakfast
10:00 Stepping Out
12:00 Lunch
2:30 Bingo
3:00 You & I
5:00 Dinner
6:00 Word Games

Bring your answer the #elderwisdom question of month to Recreation Team member to have it shared in the newsletter.

Growth and Learning

How has continuous learning and personal growth impacted your overall well-being?

WISDOM of the ELDER