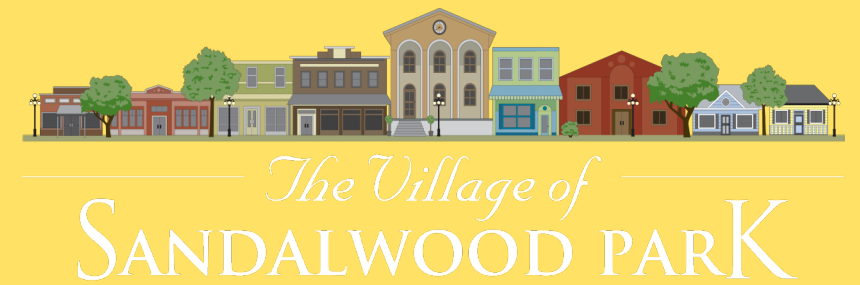





# April 2024

Sanders



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<p><b>1</b></p> <p>8:30 Breakfast 10:00 Musical Moments 11:30 You and Me 12:00 Lunch 2:30 Express Yourself 3:30 Fun for the fit 5:00 Dinner</p>	<p><b>2</b></p> <p>8:30 Breakfast 10:00 You &amp; Me 11:30 Soothing Sensations 12:00 Lunch 2:30 Fun for the Fit 4:00 Brains and Banter 5:00 Dinner</p>	<p><b>3</b></p> <p>8:30 Breakfast 10:00 Brains &amp; Banter 11:30 Towel Folding 12:00 Lunch 1:30 Fun for the Fit 2:30 Bingo 3:30 You and Me 4:00 Musical Moments 5:00 Dinner 6:30 Brains and Banter</p>	<p><b>4</b></p> <p>8:30 Breakfast 11:00 You and Me 12:00 Lunch 2:30 Reading Circle 3:30 Express Yourself 4:00 Fun for the Fit 5:00 Dinner 6:30 Brains and Banter</p>	<p><b>5</b></p> <p>8:30 Breakfast 10:00 Garden club with Jenny 11:00 Circle of Friends 12:00 Lunch 2:30 Express Yourself 3:30 Manicure/ Hand Massage 5:00 Dinner</p>	<p><b>6</b></p> <p>8:30 Breakfast 10:00 Express Yourself 11:00 Mix and Match 12:00 Lunch 2:30 Card Games 3:30 Fun for the fit 5:00 Dinner</p>
<p><b>7</b></p> <p>8:30 Breakfast 10:30 Soothing Sensations 11:00 Virtual Church Service 12:00 Lunch 2:30 Express Yourself 3:30 Reading Circle 4:30 You and Me 5:00 Dinner</p>	<p><b>8</b></p> <p>8:30 Breakfast 10:30 Musical Moments 11:00 Reading Circle 12:00 Lunch 1:30 Art with Glynis 2:30 Brains and Banter 3:30 Fun for the Fit 5:00 Dinner</p>	<p><b>9</b></p> <p>8:30 Breakfast 10:30 You and Me 12:00 Lunch 1:30 Musical Moments 3:00 Fun for the Fit 5:00 Dinner 6:30 Card Games</p>	<p><b>10 (EID)</b></p> <p>8:30 Breakfast 10:00 Soothing Sensations 11:00 In the Kitchen 12:00 Lunch 2:30 IN2L Word Games 4:15 Musical Moments 5:00 Dinner 6:30 Walk &amp; Talk</p>	<p><b>11 National Pet Day (EID)</b></p> <p>8:30 Breakfast 10:00 Express Yourself 12:00 Lunch 2:30 Fun for the Fit 3:00 Music with Daiva 3:30 Walk &amp; Talk 5:00 Dinner</p>	<p><b>12</b></p> <p>8:30 Breakfast 10:00 Garden club with Jenny 10:15 Soothing Sensations 12:00 Lunch 2:30 You and Me 2:45 In the Kitchen—Baking 5:00 Dinner 6:30 Reading Circle</p>	<p><b>13</b></p> <p>8:30 Breakfast 10:00 Prayer Circle 11:00 Brains &amp; Banter 12:00 Lunch 2:30 Musical Moments 4:00 You &amp; I 5:00 Dinner</p>
<p><b>14</b></p> <p>8:30 Breakfast 10:00 Express Yourself 11:30 Painting Together 12:00 Lunch 2:30 Soothing Sensations 4:00 You &amp; I 5:00 Dinner</p>	<p><b>15</b></p> <p>8:30 Breakfast 10:00 Musical Moments 10:30 Catholic Mass—Ch 12:00 Lunch 2:30 Fun for the fit 3:00 Word Games 5:00 Dinner</p>	<p><b>16</b></p> <p>8:30 Breakfast 10:00 Brains and Banter 10:30 Garden Club with Conny 12:00 Lunch 2:30 Musical Moments 3:30 You and Me 5:00 Dinner</p>	<p><b>17</b></p> <p>8:30 Breakfast 10:00 Soothing Sensations 10:30 Residents Council 11:00 Brains &amp; Banter 12:00 Lunch 2:30 Express Yourself—Stone Painting 4:00 Musical Moments 5:00 Dinner 6:00 Walk &amp; Talk</p>	<p><b>18</b></p> <p>8:30 Breakfast 10:30 Musical Moments 12:00 Lunch 1:30 Fun for the fit 2:30 Soothing Sensations 3:00 Music with Daiva 3:30 Card Games 5:00 Dinner 6:30 Reading Circle</p>	<p><b>19</b></p> <p>8:30 Breakfast 10:30 You &amp; Me 10:00 Garden club with Jenny 12:00 Lunch 2:30 Brains &amp; Banter 3:15 Walk &amp; Talk 4:00 Musical Moments 5:00 Dinner</p>	<p><b>20</b></p> <p>8:30 Breakfast 10:00 Musical Moments 11:00 Express Yourself 12:00 Lunch 2:00 Golden Oldies 3:30 Fun for the Fit 4:30 1:1 Reading 5:00 Dinner</p>



# April 2024

Sanders



The Village of  
SANDALWOOD PARK

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>21</p> <p>8:30 Breakfast 10:30 express yourself 12:00 Lunch 2:30 Card Games 3:15 You &amp; Me 5:00 Dinner</p>	<p>22 Earth Day</p> <p>8:30 Breakfast 10:30 Musical Moments 11:00 Brains and Banter 12:00 Lunch 1:30 Art with Glynis 2:30 Reading Circle 3:30 Mix &amp; Match 5:00 Dinner</p>	<p>23</p> <p>8:30 Breakfast 10:30 Musical Moments 11:00 Card Games 12:00 Lunch 2:30 Fun for the Fit 3:00 You &amp; Me 5:00 Dinner</p>	<p>24</p> <p>8:30 Breakfast 10:00 Match &amp; Sort 11:00 For the Soul 12:00 Lunch 1:30 Fun for the Fit 3:45 Birthday Bash with Ryan S.OA 5:00 Dinner 6:30 Brains and Banter</p>	<p>25</p> <p>8:30 Breakfast 12:00 Lunch 1:30 Poem Readings 2:30 Active Games 3:00 Music with Daiva 5:00 Dinner 6:30 Perk Themed Trivia</p>	<p>26</p> <p>8:30 Breakfast 10:00 Garden club w/ Jenny 10:00 Musical Moments 10:30 Food Committee 11:00 Towel Folding 12:00 Lunch 1:30 Manicure 2:30 Brains and Banter— group Trivia 3:30 Express Yourself 5:00 Dinner 6:30 Card games</p>	<p>27</p> <p>8:30 Breakfast 10:00 Stepping Out 11:00 Brains &amp; Banter 12:00 Lunch 2:30 Express Yourself 4:00 You &amp; I 5:00 Dinner</p>
<p>28</p> <p>8:30 Breakfast 10:00 Friendly Visits 11:00 Reading Together 12:00 Lunch 2:30 You &amp; I 3:15 Ball Toss 5:00 Dinner</p>	<p>29</p> <p>8:30 Breakfast 10:30 Musical Moments 11:00 Express yourself 12:00 Lunch 2:30 Fun for the Fit 3:30 Card Games 5:00 Dinner</p>	<p>30 Poetry Day</p> <p>8:30 Breakfast 12:00 Lunch 1:30 Bowling 2:30 Name that Tune 3:00 Music with Daiva 3:15 Manicure/ Hand Massage 4:00 Poetry reading 5:00 Dinner 6:30 Word Games</p>		<p>Bring your answer the #elderwisdom question of month to Recreation Team member to have it shared in the newsletter.</p> <div data-bbox="1858 1399 2971 1856" data-label="Complex-Block"> </div>		