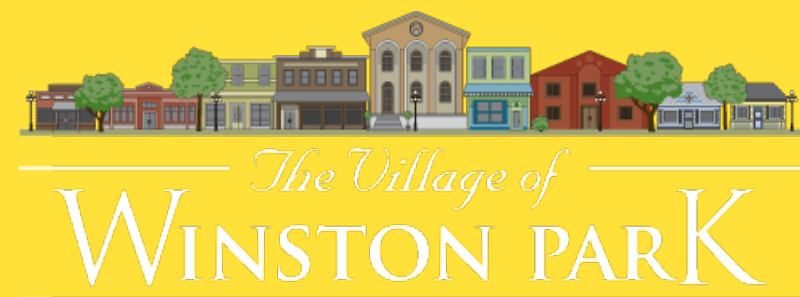




April 2024

Aberdeen Neighbourhood



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 April Fools 8:30 Breakfast 10:00 Exercises 11:00 Trivia Corner 12:00 Lunch 1:30 Vat Collage with Mike 3:00 Fun & Fitness 3:30 You & Me 5:00 Dinner	2 8:30 Breakfast 10:00 For the Spirit 12:00 Lunch 2:00 Dynamic Duo –ST 3:30 You and Me 5:00 Dinner 6:00 Euchre	3 Green Bench Podcast 3pm 8:30 Breakfast 9:45 Zumba 10:30 Total Body Fitness 10:30 RC Comm– RV 12:00 Lunch 1:45 Chime Choir 2:30 Music Therapy 5:00 Dinner	4 8:30 Breakfast 9:30 In the Kitchen 12:00 Lunch 2:30 Express Yourself “String Art” 3:30 You & Me 5:00 Dinner	5 Jays Day-Wear Jersey 8:30 Breakfast 10:00 Exercise 11:00 Brains & Banter 12:00 Lunch 1:00 Jays Game on TV 2:00 Church 3:15 Baseball Toss 5:00 Dinner	6 8:30 Breakfast 10:00 Bingo 12:00 Lunch 1:30 Express Yourself 3:30 You & Me 5:00 Dinner
7 8:30 Breakfast 9:30 RC TV Church 10:15 TV Church 12:00 Lunch 2:00 Village Wide Euchre-HV 3:30 You & Me 5:00 Dinner	8 8:30 Breakfast 10:15 Bowling 11:00 Trivia Corner 12:00 Lunch 2:00 Express Yourself 3:00 Fun & Fitness 5:00 Dinner	9 Timbit Day 8:30 Breakfast 10:00 For the Spirit 12:00 Lunch 1:45 Horticulture 3:00 Scattergories 5:00 Dinner 6:30 Music with Brent	10 Move-In Anniversary 8:30 Breakfast 9:45 Zumba 10:30 Total Body Fitness 12:00 Lunch 1:45 Chime Choir 2:30 Music Therapy 3:00 Lynne and Rick Perform (SH) 5:00 Dinner	11 8:30 Breakfast 9:30 In the Kitchen 12:00 Lunch 2:00 UNO 3:30 You & Me 5:00 Dinner	12 8:30 Breakfast 10:00 Exercises 11:00 Brains & Banter 12:00 Lunch 2:00 Church 3:00 Hand Therapy 5:00 Dinner	13 8:30 Breakfast 10:00 Bingo 12:00 Lunch 2:00 Oreo Cookie Tasting 3:15 Indoor Walks 5:00 Dinner
14 8:30 Breakfast 9:30 RC TV Church 10:15 TV Church 12:00 Lunch 2:00 Manicures 3:00 Christianity 101 - SH 5:00 Dinner	15 8:30 Breakfast 10:15 Bowling 12:00 Lunch 1:30 Brains & Banter 3:00 Fun & Fitness 3:30 You & Me 5:00 Dinner	16 8:30 Breakfast 10:00 For the Spirit 12:00 Lunch 1:45 Horticulture 3:30 Crosswords 5:00 Dinner 6:00 Euchre	17 8:30 Breakfast 10:30 Total Body Fitness 12:00 Lunch 1:45 Chime Choir 2:30 Music Therapy 2:30 Outing to Cambridge Mall 5:00 Dinner	18 8:30 Breakfast 9:30 In the Kitchen 11:30 “Spaghetti-Lunch Bunch” 12:00 Lunch 2:30 Cribbage 3:30 You & Me 5:00 Dinner	19 8:30 Breakfast 9:30-Exercise 10:30 Anglican Service-JS 12:00 Lunch 2:00 Church 3:15 Brains & Banter 5:00 Dinner	20 8:30 Breakfast 10:00 Bingo 12:00 Lunch 2:30 Birthday Sing Along 3:30 You & Me 5:00 Dinner
21 8:30 Breakfast 9:30 RC TV Church 10:15 TV Church 12:00 Lunch 1:30 Apostolic Hymn Sing-ST 3:00 Manicures 5:00 Dinner	22 Earth Day 8:30 Breakfast 9:30 Outing to Walmart 12:00 Lunch 1:30 Shut the Box 2:30 You & Me 3:00 Fun & Fitness 5:00 Dinner Passover Beings	23 8:30 Breakfast 10:00 For the Spirit 12:00 Lunch 1:45 Horticulture 3:30 Crokinole 5:00 Dinner 6:00 Scattergories	24 8:30 Breakfast 9:45 Zumba 10:30 Total Body Fitness 12:00 Lunch 1:45 Chime Choir 2:30 Music Therapy 2:30 Neighbourhood Res. Mtg 5:00 Dinner	25 8:30 Breakfast 10:15 Resident Council (LTC WR) 12:00 Lunch 2:00 Bingo 3:30 You and Me 5:00 Dinner	26 8:30 Breakfast 10:00 Exercises 11:00 Brains & Banter 12:00 Lunch 2:00 Church 3:00 Hand Therapy 5:00 Dinner	27 8:30 Breakfast 9:30 Exercises 11:00 Current Events 12:00 Lunch 2:30 Village Wide Bingo 5:00 Dinner
28 8:30 Breakfast 9:30 RC TV Church 10:15 TV Church 12:00 Lunch 2:00 Manicures 3:30 You & Me 5:00 Dinner	29 8:30 Breakfast 9:30 Exercises 10:30 United/ Presbyterian Service-11:00 Trivia Corner 12:00 Lunch 2:00 Express yourself 3:00 Fun & Fitness 5:00 Dinner	30 8:30 Breakfast 10:00 For the Spirit 12:00 Lunch 1:45 Horticulture 3:30 Brains & Banter 5:00 Dinner 6:00 Euchre		<u>Legend</u> Strasburg—(SB) Aberdeen—(AD) Kingsdale—(KD) Roseville—(RV) Sandhills—(SH) Waldau—(WD)	Haysville—(HV) Ret. John Sweeney Rm —(JS) LTC Worship Room— (LTC) WR) Williamsburg Dining room - (RET DR)	