

3pm: Exercise with Cesar - R 6pm: Pet Therapy Visits - TP

APRIL 2024





Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
14th - 20th Volunteer Appreciation Week	1 9:30am: Calendar Deliver - TP 10am: Rosary with Gloria - R 10am: You & Me - TP 1:30pm: Sensory with Pedro - R 1:30pm: Game Hour - TP 3pm: Exercise with Cesar - R	2 9:30am: Neighbourhood Time - TP 10am: Food Committee Meeting - R 10am: You & Me - TP 2pm: Java Music - MD 2pm: Sensory & Relaxion - TP 3pm: Exercise with Cesar - MD 6pm: You & Me - TP	3 9:30am: Neighbourhood Time - TP 10am: Hallway Bingo - B 2pm: Hallway Bingo - T 2pm: You & Me - TP 3:30pm: Helping Hands - TP 6pm: Creative Expression - TP 6pm: Pat & Posh Dog Visits - TP	4 Happy Birthday Joao Engenheiro 9:30am: Neighbourhood Time - TP 10:30am: Yoga with Pedro - R 10:30am: You & Me - TP 2pm: Game Hour - TP 3:30pm: Exercise with Cesar - MD 3:30pm: You & Me - TP	5 Happy Birthday Maria Pacheco 9:30am: Neighbourhood Time - TP 10am: Drum Fit - R 2pm: Flower Arranging - MD 3pm: Exercise with Cesar - MD 3:30pm: You & Me - TP	6 9:30am: Neighbourhood Time - TP 10am: Hallway Bingo - T 2pm: Hallway Bingo - B 3:30pm: You & Me - TP 4pm: Beside Sensory - T
7 9:30am: Neighbourhood Time - TP 10am: Virtual Sunday Mass - R 10:30am: You & Me - T 2pm: Rosary with Gloria - R 3:30pm: Movie Hour & Popcorn - Featuring - Extraction 2 - TTV/BTV	8 9:30am: Neighbourhood Time - TP 10am: Rosary with Gloria - R 10am: You & Me - TP 1:30pm: Sensory with Pedro - R 1:30pm: Wood Works - BTV 3pm: Exercise with Cesar - R	9 <u>Eid al-Fitr</u> 9:30am: Neighbourhood Time - TP 10am: Evangelical Service - R 10:30am: You & Me - TP 2pm: Java Music - MD 2pm: Ballon Volleyball - TP 3pm: Exercise with Cesar - MD 6pm: Beside Sensory - TP	9:30am: Neighbourhood Time - TP 10am: Hallway Bingo - T 2pm: Hallway Bingo - B 2pm: You & Me - TP 3:30pm: Beside Sensory - T 6pm: Dart Night - BTV	11 <u>Cultural Diversity Polish Day</u> 9:30am: Neighbourhood Time - TP 10:30am: Yoga with Pedro - R 10:30am: You & Me - TP 1:30pm: Music with Yolanda - MD 2pm: Helping Hands - TP 3:30pm: Exercise with Cesar - MD 3:30pm: Reminiscing - T/B	9:30am: Neighbourhood Time - TP 10am: Table Top Game - MD 2pm: Sensory & Relaxion - TP 3pm: Exercise with Cesar - MD 3:30pm: You & Me - TP	9:30am: Neighbourhood Time - TP 10am: Hallway Bingo - B 2pm: Hallway Bingo - T 3:30pm: Helping Hands - TTV 4pm: Virtual Travel - Paris - R
14 9:30am: Neighbourhood Time - TP 10am: Virtual Sunday Mass - R 10:30am: You & Me - T 2pm: Rosary with Gloria - R 3:30pm: Movie Hour & Popcorn - Featuring - Jurassic World -TTV/BTV	9:30am: Neighbourhood Time - TP 10am: Rosary with Gloria - R 10am: You & Me - TP 1:30pm: Sensory with Pedro - R 1:30pm: Dominoes - TP 3pm: Exercise with Cesar - R	16 9:30am: Neighbourhood Time - TP 10am: Roman Catholic Mass - R 2pm: Resident Council Meeting - MD 3pm:You & Me - TP 3pm: Exercise with Cesar - MD 6pm: Balloon Volleyball - TP	9:30am: Neighbourhood Time - TP 10am: Hallway Bingo - B 2pm: Hallway Bingo - T 2pm: You & Me - TP 3:30pm: Spring Crafts - R 6pm: Virtual Travel - Italy - TP 6pm: Pat & Posh Dog Visits - TP	18Happy Birthday Margarida Almeida 9:30am: Neighbourhood Time - TP 10:30am: Yoga with Pedro - R 10:30am: You & Me - TP 2pm: Sunshine Strolls 3:30pm: Exercise with Cesar - MD 3:30pm: Helping Hands - T/B	19 9:30am: Neighbourhood Time - TP 10am: Drum Fit - R 2pm: Flower Arranging - MD 3pm: Exercise with Cesar - MD 3:30pm: You & Me - TP	9:30am: Neighbourhood Time - TP 10am: Hallway Bingo - T 2pm: Hallway Bingo - B 3:30pm: You & Me - TP 4pm: Virtual Travel - Punta Cana - R
21 9:30am: Neighbourhood Time - TP 10am: Workship Service - R 10:30am: You & Me - T 2pm: Rosary with Gloria - R 3:30pm: Movie Hour & Popcorn - Featuring - Family Switch - TTV/BTV	9:30am: Neighbourhood Time - TP 10am: Rosary with Gloria - R 10am: You & Me - TP 1:30pm: Sensory with Pedro - R 1:30pm: Water Painting - TP 2pm: Exercise with Cesar - R 6pm: Pet Therapy Visits - TP	9:30am: Neighbourhood Time - TP 10am: Evangelical Service - R 2pm: Java Music - MD 2pm: You & Me - TP 3pm: Exercise with Cesar - MD 6pm: Sunshine Strolls	9:30am: Neighbourhood Time - TP 10am: Hallway Bingo - T 2pm: Hallway Bingo - B 2pm: You & Me - TP 3:30pm: Beside Sensory - T 6pm: Creative Expression - TP	25 Happy Birthday Molly Maharaj 9:30am: Neighbourhood Time - TP 10:30am: Yoga with Pedro - R 10:30am: You & Me - TP 1:30pm: Music with Yolanda - MD 2pm: Helping Hands - TP 3:30pm: Exercise with Cesar - MD 3:30pm: Reminiscing - TP	9:30am: Neighbourhood Time - TP 10am: Table Top Game - MD 2pm: Sensory & Relaxion - TP 3pm: Exercise with Cesar - MD 3:30pm: You & Me - TP	9:30am: Neighbourhood Time - TP 10am: Hallway Bingo - B 2pm: Hallway Bingo - T 3:30pm: You & Me - TP 4pm: Virtual Travel - Germany - R
28 9:30am: Neighbourhood Time - TP 10am: Intergeneration Program-R 10:30am: You & Me - T 2pm: Rosary with Gloria - R 3:30pm: Movie Hour & Popcorn - Featuring - Elvis - TTV/BTV	29 Happy Birthday Maria Correia 9:30am: Neighbourhood Time - TP 10am: Rosary with Gloria - R 10am: You & Me - TP 1:30pm: Sensory with Pedro - R 1:30pm: Dominos Hour - TP 3pm: Exercise with Cesar - R 6pm: Pet Therapy Visits - TP	30 9:30am: Neighbourhood Time - TP 10am: Creative Baking - MD 2pm: Birthday Celebration - MD 2pm: You & Me - TP 3pm: Exercise with Cesar - MD 6pm: Balloon Volleyball - TP	R - Recreation Room B - Bellwood's (1st Neighborhood) T- Trinity (2nd Neighborhood) BTV- Bellwood's TV Lounge TTV- Trinity TV Lounge TP- Traveling Program on Bellwood's 8 MD - Main Street Dinning Room TD - Trinity Dinning Room BD - Bellwood's Dinning Room		Every Tuesday	MOVIE PURSUITS y, Thursday and Friday he Recreation Room

PROGRAMS ARE SUBJECT TO CHANGE