



# April 2024

## Howland



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
Main Street—MS Activity Room—AR Country Kitchen—CK Community Centre—CC Fitness Centre—FC Open Area—OA Touring—TO	1 9:30 Music Therapy-OA 10:30 For the Fun of Fit—OA 2:00 Picture Bingo - CK 3:00 Circle of friends - CK <b>6:30 Active Game — MS</b>	2 Neighborhood time - OA 0:00 You & I 2:00 Brain and Banter 3:30 Art & Crafts—CK <b>6:30 Bingo-MS</b>	3 10:00 Feel & Fold-OA 11:00 In the Kitchen—CK 2:00 Circle of friends - CK 3:00 You & I - OA 6:30 Brain Boosters-CC	4 10:00 For the Fun of Fit - OA 11:00 Brains and Banter—OA <b>2:00 R.C. Communion/Rosary - TH</b> 3:00 Express Yourself <b>6:30 Music Appreciation-CC</b>	5 10:00 Board Games—OA 11:00 Trivia—OA 2:00 Art and Craft—CK 3:00 Helping Hands—CK <b>6:30 Movie Night-CC</b>	6 Neighborhood Time—OA <b>2:00 Bingo-MS</b> <b>3:30 Stepping out —TO</b> <b>6:30 A Little Bit of This and That—CC</b>	
7 Neighborhood Time—OA 10:00 Coloring Club—OA 11:00 Helping Hands—OA 2:00 Express Yourself <b>3:30 Church Service—L</b> 6:30 It's Never Too Late-CC	8 9:30 Music Therapy-OA 10:30 For the Fun of Fit—OA 2:00 Picture Bingo - CK 3:00 Circle of friends - CK <b>6:30 Active Game — MS</b>	9 Neighborhood time - OA 2:00 Smile Theatre-MS 3:30 Art & Crafts—CK <b>6:30 Bingo-MS</b>	10 10:00 Feel & Fold-OA 10:30 Green Thumb—CK 11:00 in the Kitchen—CK 2:00 Food Forum —CC 2:30 Eid Celebration - TH 3:00 Afternoon Movie—OA <b>6:30 Java Music Club-CC</b>	11 10:00 For the Fun of Fit - OA 11:00 Brains and Banter - OA <b>2:00 R.C. Communion/Rosary - TH</b> 3:00 Express Yourself <b>6:30 Music Appreciation-CC</b>	12 Neighborhood Time—OA 10:00 Board Games—OA 11:00 Trivia—OA 2:00 Art and Craft—CK 3:00 Helping Hands—CK	13 10:00 For the Fun of Fit—OA <b>2:00 Bingo-MS</b> <b>3:00 Stepping out— TO</b> <b>6:30 A Little Bit of This and That—CC</b>	
14 10:00 Coloring Club—OA 11:00 Helping Hands—OA 2:00 Express Yourself <b>3:30 Church Service—L</b> 6:30 It's Never Too Late-CC	15 9:30 Music Therapy-OA 10:30 For the Fun of Fit—OA 2:00 Picture Bingo - CK 3:00 Circle of friends - CK <b>6:30 Active Game — MS</b>	16 Neighborhood time - OA 2:00 Word Games—OA 3:30 Art & Crafts—CK <b>6:30 Bingo-MS</b>	17 10:00 Feel & Fold-OA 11:00 in the Kitchen—CK 2:00 Short Story—AR 3:00 Travelogue—OA <b>6:30 Java Music Club-CC</b>	18 10:00 For the Fun of Fit - OA 11:00 Brains and Banter—OA <b>2:00 R.C. Communion/Rosary - TH</b> 3:00 Express Yourself <b>6:30 Music Appreciation-CC</b>	19 10:00 Board Games—OA 11:00 Trivia—OA 2:00 Art and Craft—CK 3:00 Helping Hands—CK <b>6:30 Movie Night-CC</b>	20 10:00 For the Fun of Fit—OA <b>2:00 Bingo-MS</b> <b>3:30 1:1 Activities</b> <b>6:30 A Little Bit of This and That—CC</b>	
21 Neighborhood Time—OA 10:00 Coloring Club—OA 11:00 Helping Hands—OA 2:00 Sunday Social-MS <b>3:30 Church Service—L</b> 6:30 It's Never Too Late-CC	22 9:30 Music Therapy-OA 10:30 For the Fun of Fit—OA 1-4 Trip to Classic Bowl Bowling Alley- Sign up required <b>6:30 Active Game — MS</b>	23 Neighborhood time - OA 2:00 Word Games - OA 3:30 Art & Crafts—CK <b>6:30 Bingo-MS</b>	24 10:00 Feel & Fold-OA 10:30 Green thumb—CK 11:00 In the Kitchen—CK 2:00 Art and crafts—CK 3:00 Travelogue—OA <b>6:30 Java Music Club-CC</b>	25 10:00 For the Fun of Fit - OA 11:00 Brains and Banter—OA <b>2:00 R.C. Communion/Rosary - TH</b> 3:00 Express Yourself <b>6:30 Music Appreciation-CC</b>	26 10:00 Board Games—OA 11:00 Trivia—OA 2:00 Art and Craft—CK 3:00 Helping Hands—CK 6:30 Pub Night-MS	27 10:00 For the Fun of Fit—OA <b>2:00 Bingo-MS</b> <b>3:30 Stepping Out— TO</b> <b>6:30 A Little Bit of This and That—CC</b>	
28 10:00 Coloring Club—OA 11:00 Helping Hands—OA 2:00 Express Yourself <b>3:30 Church Service—L</b> 6:30 It's Never Too Late-CC	29 9:30 Music Therapy-OA 10:30 For the Fun of Fit—OA 2:00 Picture Bingo - CK 3:00 Circle of friends - CK <b>6:30 Active Game — MS</b>	30 Neighborhood time - OA 2:00 Birthday Bash-MS 3:30 Art & Crafts—CK <b>6:30 Bingo-MS</b>	<p><b>Programs may be subject to change if required</b></p>				