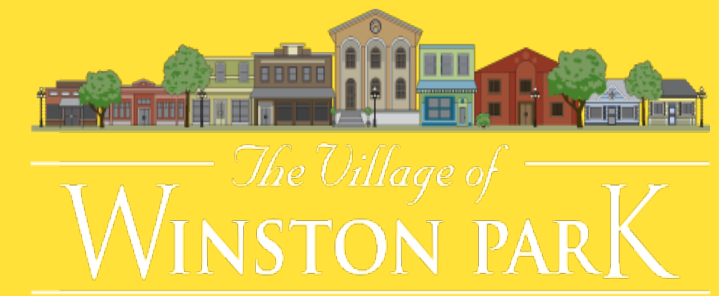




# April 2024

## Strasburg Neighbourhood



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>JS)</b>	<b>1 Easter Monday</b> 8:30 Breakfast 9:30 Exercises 10:30 In the spirit 12:00 Lunch 1:30 Craft with Marie 3:00 Horticulture 5:00 Dinner	<b>2</b> 8:30 Breakfast 10:00 Total Body Fitness 11:00 Church 12:00 Lunch 1:30 Nail Care <b>2:00 Dynamic Duo</b> 5:00 Dinner 6:00 Short Stories	<b>3</b> 8:30 Breakfast 9:45 Zumba 11:00 Hymn Sing 12:00 Lunch 1:30 Horse Racing 2:30 Book Club 5:00 Dinner	<b>4 KmW Clothing 11-3 Lib</b> 8:30 Breakfast 9:45 Exercise 9:45 Music Therapy 10:30 Chime Choir 12:00 Lunch 2:15 Bingo 3:30 Tai Chi 5:00 Dinner	<b>5 Jays Day—Wear Jersey</b> 8:30 Breakfast 10:30 Exercise 11:00 Football Toss 12:00 Lunch 1:00 Jays Game <b>1:30 Creative College</b> 3:00 Brains & Banter 5:00 Dinner	<b>6</b> 8:30 Breakfast 9:45 Exercise 10:30 Bingo <b>11:00 Rosary - (RV)</b> 12:00 Lunch 1:30 Board Games 3:15 Indoor Walks 5:00 Dinner
<b>7</b> 8:30 Breakfast 9:45 Exercise 10:00 TV Church 11:00 Java Music 12:00 Lunch 2:15 Let's Bake <b>2:00 Euchre Club (HV)</b> 5:00 Dinner	<b>8</b> 8:30 Breakfast <b>9:30 Walmart Outing</b> 10:30 In the spirit 12:00 Lunch 1:30 Craft with Marie 1:30 Hand Therapy 3:00 Book Club 5:00 Dinner	<b>9 Timbit Day</b> 8:30 Breakfast 10:00 Total Body Fitness 11:00 Church 12:00 Lunch 1:30 Nail Care 2:30 Bible Study 5:00 Dinner 6:00 Short Stories	<b>10 Anniversary Party</b> 8:30 Breakfast 9:45 Zumba 11:00 Hymn Sing 12:00 Lunch <b>1:30 Lynne &amp; Rick</b> 2:30 Book Club 5:00 Dinner	<b>11</b> 8:30 Breakfast 9:45 Exercise 9:45 Music Therapy 10:30 Chime Choir 12:00 Lunch 1:30 Bingo 3:30 Tai Chi 5:00 Dinner	<b>12</b> 8:30 Breakfast 9:45 Exercise 10:30 Bowling 12:00 Lunch 2:15 Word Games 3:00 Indoor Walks 5:00 Dinner	<b>13</b> 8:30 Breakfast 9:45 Exercise 10:30 Bingo 12:00 Lunch 1:30 Board Games 3:15 Indoor Walks 5:00 Dinner
<b>14 Vol. Appreciation Week</b> 8:30 Breakfast 9:45 Exercise 10:00 TV Church 11:00 Java Music 2:00 Express Yourself 3:30 You & Me 5:00 Dinner	<b>15</b> 8:30 Breakfast 9:30 Exercises 10:30 In the spirit 12:00 Lunch 1:30 Craft with Marie 3:00 Book Club 5:00 Dinner	<b>16</b> 8:30 Breakfast 10:00 Total Body Fitness 11:00 Church 12:00 Lunch 1:30 Nail Care 2:30 Bible Study 5:00 Dinner 6:00 Short Stories	<b>17</b> 8:30 Breakfast 9:45 Zumba 11:00 Hymn Sing 12:00 Lunch 1:30 Horse Racing 2:30 Book Club 5:00 Dinner	<b>18</b> 8:30 Breakfast 9:45 Exercise 9:45 Music Therapy 10:30 Chime Choir 12:00 Lunch 1:30 Bingo 3:30 Tai Chi 5:00 Dinner	<b>19</b> 8:30 Breakfast 10:30 Exercise <b>10:30 Anglican Church - JS</b> 11:00 Football Toss 12:00 Lunch 1:30 Board Games 3:00 Brains & Banter	<b>20</b> 8:30 Breakfast 9:45 Exercise 10:30 Bingo 12:00 Lunch <b>2:30 Birthday Singalong</b> 3:15 Indoor Walks 5:00 Dinner
<b>21</b> 8:30 Breakfast 9:45 Exercise 10:00 TV Church 11:00 Java Music 12:00 Lunch <b>1:30 Apostolic Hymn Sing</b> 2:30 Book Club 5:00 Dinner	<b>22 EarthDay</b> 8:30 Breakfast 9:30 Exercises 10:30 In the spirit 12:00 Lunch <b>1:30 Earthday Craft with Marie</b> 1:30 Hand Therapy 3:00 Horticulture 5:00 Dinner	<b>23</b> 8:30 Breakfast 10:00 Total Body Fitness 11:00 Church 12:00 Lunch 2:00 Nail Care 2:30 Bible Study 5:00 Dinner 6:00 Short Stories	<b>24</b> 8:30 Breakfast 9:45 Zumba 11:00 Hymn Sing 12:00 Lunch 1:30 Horse Racing <b>2:30 Resident Council Meeting</b> 5:00 Dinner	<b>25</b> 8:30 Breakfast 9:45 Exercise 9:45 Music Therapy 10:30 Chime Choir 12:00 Lunch 1:30 Bingo 3:30 Tai Chi 5:00 Dinner	<b>26</b> 8:30 Breakfast 9:45 Exercise 10:30 Bowling 12:00 Lunch <b>1:30 Country Drive</b> 3:00 Indoor Walks 5:00 Dinner	<b>27</b> 8:30 Breakfast 9:45 Exercise 10:30 Bingo 12:00 Lunch 1:30 Board Games <b>2:30 Bingo (AD)</b> 5:00 Dinner
<b>28</b> 8:30 Breakfast 9:45 Exercise 10:00 TV Church 11:00 Java Music 2:00 Express Yourself 3:30 You & Me 5:00 Dinner	<b>29</b> 8:30 Breakfast 9:30 Exercises <b>10:30 United/Presbyterian Service LTC WR</b> 11:00 In the spirit 12:00 Lunch <b>1:30 Craft with Mary</b> 3:00 Horticulture 5:00 Dinner	<b>30</b> 8:30 Breakfast 10:00 Total Body Fitness 11:00 Church 12:00 Lunch 1:30 Nail Care 2:30 Bible Study <b>3:00 Let's Make Dinner</b> 5:00 Dinner 6:00 Short Stories		<u>Legend</u> Strasburg—(SB) Aberdeen—(AD) Kingsdale—(KD) Roseville—(RV) Sandhills—(SH)	Waldau—(WD) Haysville—(HV) Ret. John Sweeney Rm —(JS) LTC Worship Room—(LTC) WR)	