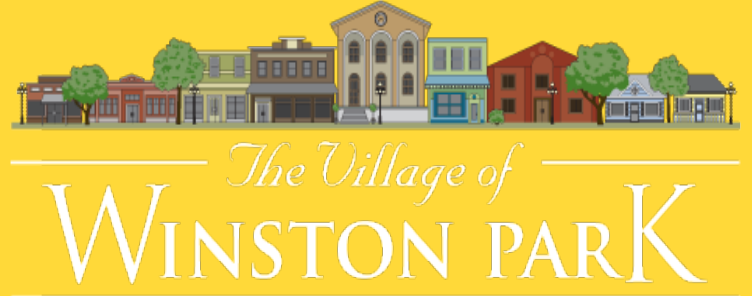




April 2024

Sandhills Neighbourhood



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Easter Monday 8:30 Breakfast 9:45 Horticulture 11:00 Total Body Fitness 12:00 Lunch 1:00 Perk Deliveries and Visits 2:00 Express Yourself 3:30 For the Spirit 5:00 Dinner	2 8:30 Breakfast 9:30 Perk Deliveries and Visits 10:15 Wheel of Fortune 11:15 Music Therapy 12:00 Lunch 2:00 Mobile Cart 3:30 Bowling 5:00 Dinner	3 8:30 Breakfast 10:30 Zumba (HV) 10:30 RC Communion – (JS) 12:00 Lunch 2:00 Bingo 3:00 Green Bench Podcast 5:00 Dinner	4 KmW Clothing 11-3 8:30 Breakfast 9:30 Walk and Talks 10:30 Dice Game 12:00 Lunch 2-3:30 VAT Collage 3:30 Bible Study with Pastor Royal 5:00 Dinner	5 Jays Day—Wear Jersey 8:30 Breakfast 10:00 Church 11:00 Total Body Fitness 12:00 Lunch 1:00 Jays Game on TV 2:30 Baseball Trivia 5:00 Dinner	6 8:30 Breakfast 9:30 Perk Deliveries and Visits 10:00 Baking 11:00 Rosary (RV) 12:00 Lunch 2:00 Bingo 3:45 Racket Balloons 5:00 Dinner
7 8:30 Breakfast 9:30 Perk Deliveries and Visits 10:30 Java Music 10:30 Church 12:00 Lunch 2:00 LTC Euchre Club (HV) 3:45 Balloon Volleyball 5:00 Dinner	8 8:30 Breakfast 11:00 Total Body Fitness 12:00 Lunch 1:00 Perk Deliveries and Visits 2:00 Express Yourself 3:30 For the Spirit 5:00 Dinner 6:15 Tom Denomme	9 Timbit Day 8:30 Breakfast 9:30 Perk Deliveries and Visits 10:15 Wheel of Fortune 11:15 Music Therapy 12:00 Lunch 2:00 Mobile Cart 3:00 Grand River New Horizons Band (RET DR) 5:00 Dinner	10 Anniversary Party 8:30 Breakfast 9:45 Horticulture 10:30 Zumba (HV) 11:00 Scattergories 12:00 Lunch 2:00 Bingo 3:00 Lynne and Rick Perform 5:00 Dinner	11 8:30 Breakfast 9:30 Walk and Talks 10:30 Dice Game 12:00 Lunch 2:00 Nail Care 3:30 Bible Study with Pastor Royal 5:00 Dinner	12 8:30 Breakfast 10:00 Church 11:00 Total Body Fitness 12:00 Lunch 2:30 Titanic Trivia 3:45 Crafts 5:00 Dinner	13 8:30 Breakfast 9:30 Perk Deliveries and Visits 10:00 Baking 12:00 Lunch 2:00 Bingo 3:45 Bowling 5:00 Dinner
14 Vol. Appreciation Week 8:30 Breakfast 9:30 Perk Deliveries and Visits 10:30 Java Music 10:30 TV Church 12:00 Lunch 1-3 Vol. Appreciation event 2:00 Stepping Out 3:00 Christianity 101 5:00 Dinner	15 8:30 Breakfast 11:00 Total Body Fitness 12:00 Lunch 1:00 Perk Deliveries and Visits 2:00 Express Yourself 3:30 For the Spirit 5:00 Dinner 6:15 News and Views	16 8:30 Breakfast 9:30 Perk Deliveries and Visits 10:15 Wheel of Fortune 11:15 Music Therapy 12:00 Lunch 1:30 Walmart Outing 5:00 Dinner	17 8:30 Breakfast 9:45 Horticulture 10:30 Zumba (HV) 11:00 Name that Tune 12:00 Lunch 2:00 Bingo 3:30 You and Me 5:00 Dinner	18 8:30 Breakfast 9:30 Walk and Talks 10:30 Dice Game 12:00 Lunch 2:00 Nail Care 3:30 Bible Study with Pastor Royal 5:00 Dinner	19 8:30 Breakfast 10:00 Church 10:30 Anglican Service (JS) 11:00 Total Body Fitness 12:00 Lunch 1:30 Express yourself 3:00 Hangman 5:00 Dinner	20 8:30 Breakfast 9:30 Perk Deliveries and Visits 10:00 Baking 12:00 Lunch 2:00 Bingo 3:45 Racket Balloons 5:00 Dinner
21 8:30 Breakfast 9:30 Perk Deliveries and Visits 10:30 Java Music /Church 12:00 Lunch 2:30 Balloon Volleyball 3:30 Board Games 5:00 Dinner	22 8:30 Breakfast 9:45 Horticulture 11:00 Total Body Fitness 12:00 Lunch 1:00 Perk Deliveries and Visits 2:00 Express Yourself 3:30 For the Spirit 5:00 Dinner 6:15 News and Views	23 8:30 Breakfast 9:30 Perk Deliveries and Visits 10:15 Wheel of Fortune 11:15 Music Therapy 12:00 Lunch 2:30 Mobile Cart 3:30 Bowling 5:00 Dinner	24 8:30 Breakfast 10:30 Zumba (HV) 11:00 Recreation Meeting 12:00 Lunch 2:00 Bingo 3:30 You and Me 5:00 Dinner	25 8:30 Breakfast 9:30 Walk and Talks 10:15 Resident Council 12:00 Lunch 2:00 Nail Care 3:30 Bible Study with Pastor Royal 5:00 Dinner	26 8:30 Breakfast 10:00 Church 11:00 Total Body Fitness 12:00 Lunch 1:30 Express yourself 3:00 Brains and Banter 5:00 Dinner	27 8:30 Breakfast 9:30 Perk Deliveries and Visits 10:00 Baking 12:00 Lunch 2:00 Bingo 3:45 5:00 Dinner
28 8:30 Breakfast 9:30 Perk Deliveries and Visits 10:30 Java Music /Church 12:00 Lunch 2:30 Balloon Volleyball 3:30 Short Stories 5:00 Dinner	29 8:30 Breakfast 9:45 Horticulture 10:30 Presbyterian Church (JS) 11:00 Total Body Fitness 12:00 Lunch 1:00 Perk Deliveries and Visits 2:00 Express Yourself 3:30 For the Spirit 5:00 Dinner	30 8:30 Breakfast 9:30 Perk Deliveries and Visits 10:15 Wheel of Fortune 11:15 Music Therapy 12:00 Lunch 2:00 Country Drive 3:45 Bowling 5:00 Dinner		<u>Legend</u> Strasburg—(SB) Aberdeen—(AD) Kingsdale—(KD) Roseville—(RV) Sandhills—(SH)	Waldau—(WD) Haysville—(HV) Ret. John Sweeney Rm —(JS) LTC Worship Room— (LTC) WR) Williamsburg Dining room -(RET DR)	