


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			10:00 Movie-OA 1 1:30 Netflix Documentary-OA 3:15 LTC Discussion Group-L 6:30 Caribbean Pub night with Andy Phillips-TH	10:00 Neighborhood Time-OA 2 10:30 Rosary Prayer-L 2:00 Dryden Fitness-OA 3:45 Bible Study & Singing/Visits-OA 6:30 Trivia-L	9:30 Friendly Visits-OA 3 10:30 Java Music Club with Alanna-OA 2:00 Advanced Fitness-FC 2:30 Mini golf-OA 3:30 Friendly visits-OA 6:30 Traveling Treat Cart-T	11:00 Karaoke-OA 4 2:30 Walk and Wheel to Tim Hortons-T
			10:00 Worship Service-TH 5 2:30 Outdoor Walks-T	10:00 Swim Fit 6 10:00 Music Therapy-OA 2:30 Neighborhood Time-OA 6:30 Ice Cream Social-L	9:30 Friendly visits-OA 7 10:00 Chair Yoga-FC 10:45 Residents Council Meeting-OA 2:00 Sing Along with the Chaplain-L 2:30 Adult Coloring-OA 6:30 Roasting Marshmallows-FP	10:00 Movie-OA 8 1:30 Walk & Talk-T 3:15 LTC Discussion Group-L 3:30 Neighborhood Time-OA 3:45 Devotion Singing-OA 6:30 Bowling-M
10:00 Worship Service-TH 12 2:30 Outdoor Walks-T 6:30 Wilhelmina & Bob perform-CLROA	10:00 Swim Fit 13 10:00 Art with love-OA 2:30 Hand Massages-OA 6:30 Ice Cream Social-L	10:00 Chair Yoga-FC 14 9:30-12 Trip to Windreach Farm 2:00 Sing Along with the Chaplain-L 2:30 Crafts-OA 6:30 Roasting Marshmallows-FP	10:00 Movie-OA 15 2:30 Birthday Party with Country Kenny-M 3:15 LTC Discussion Group-L 6:30 Bowling-M	10:30 Rosary Prayer-L 16 10:30 Movie-OA 11:30 Lunch Trip to Food Truck Alley (Sign Up) 2:00 Dryden Fitness-OA 6:30 Trivia-L	9:30 Morning Chat & Reading the Daily Chronical-OA 17 10:30 Parachute Fun-OA 2:00 Advanced Fitness-FC 2:30 Courtyard Social with Lemonade-CY 4:00 Vesper Service-OA 6:30 Traveling Treat Cart-T	11:00 Karaoke-OA 18 2:30 BINGO-FC
10:00 Worship Service-TH 19 2:30 Outdoor Walks-T	10:00 Swim Fit 20 10:00 Music Therapy-OA 6:30 Ice Cream Social-L	10:00 TV Concert-OA 21 10:00 Chair Yoga-FC 10:30 Word Games-OA 2:00 Sing Along with the Chaplain-L 2:30 Curling-OA 6:30 Roasting Marshmallows-FP	10:00 Movie-OA 22 2:00 Laptop Presentation (Traveling to the Caribbean Islands) 3:15 LTC Discussion Group-L 6:30 Bowling-M	Parkinson's Fund Raiser 23 Bake Sale, 10-2 Main Street 10:30 Rosary Prayer-L 10:30 Trip to the IMAX Theatre (sign up) 2:00 Dryden Fitness-OA 2:30 Friendly Visits-OA 6:30 Trivia-L	9:30 Morning Chat & Reading the Daily Chronical-OA 24 10:30 Horse Shoes-OA 10:30 Catholic Mass-TH 2:00 Advanced Fitness-FC 2:30 Courtyard Social-CY 6:30 Traveling Treat Cart-T	10:00 Getting to know our Neighbors-M 25 2:30 Courtyard Social
10:00 Worship Service-TH 26 2:30 Outdoor Walks-T	10:00 Swim Fit 27 10:00 Music Therapy-OA 2:30 Hand Massages-OA 6:30 Ice Cream Social-L	9:30 Morning Chat & Reading the Daily Chronical-OA 28 10:00 Chair Yoga-FC 10:30 Short Stories & Discussion-OA 2:00 Celebration of Life-3 rd floor Ret 2:30 Mini Golf-OA 6:30 Roasting Marshmallows-FP	10:30 LTC General Store 29 Celebration with Entertainment by Doug Morgan 1:30 Baking-CK 3:15 LTC Discussion Group-L 6:30 Bowling-M	10:00 Neighborhood Time-OA 30 10:30 Rosary Prayer-L 2:00 Dryden Fitness-OA 6:30 Trivia-L	9:30 Morning Chat & Reading the Daily Chronical-OA 31 9:30-12 Trip to Windreach Farm 10:30 Music Bingo with Prizes-OA 2:00 Advanced Fitness-FC 2:30 Courtyard Social-CY 6:30 Traveling Treat Cart-T	

OA= Open Area, TH= Town Hall, L= Library, FC= Fitness Centre, CC= Community Centre, CK= Country Kitchen, M= Main Street, CY= Courtyard, T= Traveling, CLOA= Claremont Open Area