



# JANUARY 2019

## DUNDAS STREET



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>M= MAIN STREET</b> <b>MDR = MAIN ST. DINING ROOM</b> <b>C= COMMUNITY</b> <b>K= KING STREET</b> <b>Q= QUEEN STREET</b> <b>D= DUNDAS STREET</b>		<b>1</b> 9:15 Morning Greetings 3:00 Resident Program Planning (M) 7:00 Pet Therapy	<b>2</b> 9:15 Morning Greetings 10:30 Neighbourhood Time 2:30 Music by Request	<b>3</b> 9:15 Morning Greetings 10:30 Cranium Crunches (M) 3:00 Bingo (MDR)	<b>4</b> 9:15 Morning Greetings 10:30 Catholic Mass (M) 10:30 Sport of the Month (MDR) 2:30 Word Games	<b>5</b> 9:15 Morning Greetings 2:30 Movie Matinee (M) 6:30 Dart League (K)
<b>6</b> 9:15 Morning Greetings 2:30 Creative Expressions (M) 6:30 Discussion Group (M)	<b>7</b> 9:15 Morning Greetings 10:30 Java Music Club (M) 10:30 Sensory Stimulation 3:00 Resident's Rights	<b>8</b> 9:15 Morning Greetings 2:30 Travelling Spa 3:00 Resident's Council (M) 7:00 Pet Therapy	<b>9 WALMART OUTING</b> 9:15 Morning Greetings 10:00 Community Outing (O) 2:30 Neighbourhood Time: Bedroom Decorating	<b>10</b> 9:15 Morning Greetings 10:30 Therapeutic Choir 10:45 Grandbuddies (Q) 3:00 Bingo (MDR) 6:30 Meditative Colouring (D)	<b>11 BURGERTAKE OUT</b> 9:15 Morning Greetings 10:30 Sport of the Month (M) 3:00 Zen Cart	<b>12</b> 9:15 Morning Greetings 10:30 Soul Winners (M) 2:00 Movie Matinee (M) 6:30 Travelogue (M)
<b>13</b> 9:15 Morning Greetings 2:30 Music by Request (K) 6:30 Meditative Coloring (M)	<b>14</b> 9:15 Morning Greetings 10:30 Spiritual Connections (M) 2:30 Java Music Club (M)	<b>15</b> 9:15 Morning Greetings 10:30 Wellbeing With Charity 2:00 Holy Eucharist with Anointing (M) 3:00 Discussion Group (M) 7:00 Pet Therapy	<b>16 FOOT CARE DAY</b> 9:15 Morning Greetings 10:30 Women's Group: Hairstyling (M) 2:00 Reminiscing With Charity 3:00 Henna Party (M)	<b>17</b> 9:15 Morning Greetings 10:45 Grandbuddies (K) 3:00 Bingo (MDR) 6:30 Meditative Colouring (Q)	<b>18</b> 9:15 Morning Greetings 10:30 Sport of the Month (M) 2:30 Travelling Spa	<b>19</b> 9:15 Morning Greetings 2:30 Movie Matinee (M) 6:30 Hockey Night in Canada (M)
<b>20</b> 9:15 Morning Greetings 2:30 Creative Expressions (M) 6:30 Trivia (M)	<b>21 HAPPINESS WEEK BEGINS</b> 9:15 Morning Greetings 10:30 Java Music Club 2:30 Creative Expressions	<b>22</b> 9:15 Morning Greetings 10:30 Travelling Spa 3:00 Resident's Council (M) 5:00 Dinner Club (M) 7:00 Pet Therapy	<b>23</b> 9:15 Morning Greetings 10:30 Java & Jokes (M) 2:00 Multifaith Discussion Group (M)	<b>24</b> 9:15 Morning Greetings 10:45 Grandbuddies 2:00 Sensory Stimulation 3:00 Bingo (MDR) 6:30 Meditative Colouring (K)	<b>25 SCIENCE CENTRE OUTING</b> 9:15 Morning Greetings 10:30 Community Outing (O) 10:30 Sport of the Month (M)	<b>26</b> 9:15 Morning Greetings 2:30 Creative Expressions (M) 6:30 Discussion
<b>27</b> 9:15 Morning Greetings 2:30 Smoothie Club (M) 6:30 Meditative Coloring (M)	<b>28</b> 9:15 Morning Greetings 10:30 Spiritual Connections (M) 2:30 Java Music Club (M) 3:00 Resident's Rights	<b>29</b> 9:15 Morning Greetings 10:30 Physical Fun 2:30 Neighbourhood Time 7:00 Pet Therapy	<b>30</b> 9:15 Morning Greetings 10:30 Friendly Visits 3:00 Birthday Party (MDR)	<b>31</b> 9:15 Morning Greetings 3:00 Bingo (MDR) 6:30 Meditative Colouring (M)		