



JANUARY 2019

Emma's Neighbourhood



SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

		<p>1 New Years Day!</p> <p>Walk n' Talk Java Music Club New Year's Dance & Mimosa's</p> 	<p>2 Annual Recreation Planning Day!</p> <p>No Recreation Staff on Emma's Neighbourhood.</p>	<p>3 Coffee Break 10:45 Choir– RET Main Stationary Cycling 2:30 Music in the Lounge 3:45 Happy Hour Manicure/ Spa Night</p> 	<p>4 Morning Social 10:30 Church Service 11:15 Sit Fit Exercises Hot Chocolate Social 3:45 Winnies Pub Social Movie Night</p>	<p>5 Creative Corner Friendly Visits 2:30 Pat Murray Performs – RET Main Travelogue</p> 
<p>6 9:30 Salvation Army Band Ladder Ball 10:00 RC Communion 10:00 T.V. Church 2:00 Church Service-EG Friendly Visits Movie Night</p> 	<p>7 Orthodox Christmas Knitting Bee 10:30 YMCA Visits 11:15 Sit Fit Exercises 1:30 Music & Chats with Lucy Active Game: Bean Bag Toss 6:45 UNO Card Game Manicure Monday</p> 	<p>8 Morning Stretches Finish The Phrase... 1:30 Woodworking-LTC Snowflake Painting Friendly Visits Sing-A-Long</p> 	<p>9 Molly Visits Men's Coffee Social 11:15 Sit Fit Exercises Movie Afternoon & Popcorn Friendly Night Visits</p> 	<p>10 Coffee Break 10:45 Choir– RET Main Stationary Cycling Reminiscing With Senses: Soup Tasting Game Night:: Horse Races</p> 	<p>11 Morning Social 10:30 Church Service 11:15 Sit Fit Exercises 2:30 Retake Flidders Music– RET Main 3:45 Winnies Pub Social Movie Night</p> 	<p>12 Coffee Social Mind & Body Java Music Club Stepping Out Travelogue</p>
<p>13 Coffee Social 10:00 R.C. Communion 10:00 T.V. Church Music in the Lounge 2:00 Church Service-LTC Friendly Visits Movie Night</p>	<p>14 Knitting Bee 10:30 YMCA Visits 11:15 Sit Fit Exercises 1:30 Music & Chats with Lucy Christmas Clean-up 6:45 UNO Card Game Manicure Monday</p> 	<p>15 Winnie's Coffee Social Creative Corner 1:30 Woodworking-LTC Word Games in The Lounge Friendly Visits Sing-A-Long</p>	<p>16 Molly Visits Men's Coffee Social 11:15 Sit Fit Exercises Making Stories Out of Pictures Hot Topic: News & Views Friendly Night Visits</p>	<p>17 Pajama Day! Wear your PJ's! Coffee Break 10:45 Choir– RET Main Aromatherapy– Hand Scrub 2:30 Music in the Lounge Movie in the Lounge 6:15 Happy Hour Night</p> 	<p>18 Morning Social 10:30 Church Service 11:15 Sit Fit Exercises Penny Antee 3:45 Winnie's Pub Social Movie Night</p>	<p>19 8:15 Breakfast Club Word Games Travelogue</p> 
<p>20 Hot Chocolate Social 10:00 R.C. Communion 10:00 TV Church 2:00 Church Service-RET Main 2:30 Mel Kitchen Entertains Movie Night</p>	<p>21 Knitting Bee 10:30 YMCA Visits 11:15 Sit Fit Exercises Lunch Club: BYO Pizza 1:30 Music & Chats with Lucy Keeping Busy Manicure Monday</p> 	<p>22 Morning Stretches Chicken Soup For The Soul 1:30 Woodworking-LTC Active Game: Washer Toss Friendly Visits Sing-A-Long</p>	<p>23 Molly Visits Men's Coffee Social 11:15 Sit Fit Exercises Question Ball Reminiscing Winter Themed Hangman 7:00 Ayr Paris Band "The Robbie Burns Show" -RET Main</p>	<p>24 Coffee Break 10:45 Choir– RET Main Stationary Cycling Reminiscing with Senses: Tea Tasting 7:00 Pub Night ft, Lynn & Rick– RET Main</p> 	<p>25 Morning Social 10:30 Church Service 11:15 Sit Fit Exercises Creative Corner 3:45 Winnie's Pub Social Movie Night</p>	<p>26 Coffee Social Mind & Body 1:30 Winter Country Drive Stepping Out Travelogue</p> 
<p>27 Coffee Social 10:00 R.C. Communion 10:00 T.V. Church Board Games in the Lounge 2:00 Church Service-Emma's Friendly Visits Movie Night</p>	<p>28 Knitting Bee 10:30 YMCA Visits 11:15 Sit Fit Exercises 1:30 Music & Chats with Lucy Active Game: Ring Toss Manicure Monday</p> 	<p>29 Dec & Jan Birthday Celebration 10:30 RC. Mass-LTC 1:30 Woodworking-LTC 2:30 Birthday Celebration ft. Conn Smythe Colour me Calm 6:30 Line Dancing</p>	<p>30 Molly Visits Men's Coffee Social 11:15 Sit Fit Exercises Bake it & Eat it: Cookies Cards & Games Friendly Night Visits</p>	<p>31 Coffee Break 10:45 Choir– RET Main Stationary Cycling 2:30 Music in the Lounge 3:45 Happy Hour Scrapbooking</p> 	<p>Pub Social Monday, Wednesday, Friday & Saturday 3:45 - 4:15 PM</p>	
						<p>Timed Programs cannot be altered, however, remaining programs are subject to change.</p>