



JANUARY 2019

Meadowvale



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 New Year's Day 9:30 Fitness –CC 1:30 New Year's Day Reminiscing—OA 3:00 Move More—OA 3:30 Hymn Sing –CH 4:00 Friendly Visits—TO 6:30 New Years Themed Music—OA 6:30 Bingo– MS	2 10:00 Ontario Early Years– L 10:00 Village Choir –CH 1:30 Active Games—OA 3:00 Reminiscing Game—CK 4:00 Ipad Games—OA 6:30 Neighbourhood Time—OA 6:30 Spiritual Encounters –CH	3 9:30 Fitness –CC 6:30 Precious Melodies-CH	4 9:30 Fitness-CC 1:30 Crafts—CK 3:00 Friendly Visits—TO 6:00 Neighbourhood Time –OA 6:30 Music on Demand –CC	5 9:45 Fitness– CC 10:45 Movement to Music –OA 2:00 Bingo– MS 6:00 Neighbourhood Time –OA 6:30 A Little Bit of This & That –CH
6 9:45 Fitness– CC 10:15 Green Thumb –Greenhouse 10:45 Walk & Talk –TO 2:00 Circle Talk –CC 3:30 Church Service –CH 3:30 1:1 Activity –PA 6:30 Trivia Night –CC	7 9:30 Music Therapy –OA 10:00 Coffee & Tea Social –MS 10:00 Arts & Crafts-CK 1:30 Read With Me—PA 1:30 Green Thumbs-OA 3:00 Board Games—CK 4:00 Friendly Visits—TO 6:30 Game's Night –MS 6:30 Sing along –OA	8 9:30 Fitness –CC 10:30 Hymn Sing –CH 2:00 Winter Wonderland Celebration –MS 6:30 Bingo– MS	9 10:00 Ontario Early Years– L 10:00 Village Choir-CH 1:30 Active Games—OA 2:00 Residents Council Meeting– CC 3:00 Circle Talk—OA 4:00 Move More—OA 6:30 Neighbourhood Time—OA 6:30 Spiritual Encounters –CH	10 9:30 Fitness –CC 1:30 Baking—CK 2:00 Communion and Rosary– CH 3:00 Tea Social—CK 4:00 1:1 Activity 6:30 Name That Tune—OA 7:00 Salvation Army– CH	11 9:30 Fitness-CC 1:30 Crafts—CK 3:00 Friendly Visits—TO 6:00 Neighbourhood Time –OA 6:30 Biography on Demand –CC	12 9:45 Prayers & Praise –CH 10:45 Movement to Music –OA 2:00 Bingo– MS 6:30 A Little Bit of This & That –CH
13 9:45 Fitness– CC 10:45 Walk & Talk-TO 2:00 Sunday Social with Martin Francesco –MS 3:30 Church Service– CH 3:30 You & Me –TO 6:30 Hosanna Singers –MS	14 9:30 Music Therapy –OA 1:30 Mental Aerobics—CK 3:00 Dance with Me—OA 4:00 Friendly Visits—TO 6:30 Travel around the World –CC 6:30 Music on Demand—OA	15 9:30 Fitness –CC 1:30 Snoezelin—AR 3:00 Amazing Videos—OA 3:30 Hymn Sing –CH 4:00 Let's Chat—PA 6:30 Music Trivia—OA 6:30 Bingo– MS	16 10:00 Ontario Early Years– L 10:00 Village Choir-CH 1:30 Active Games—OA 3:00 Read With Me– OA 4:00 Anglican Church Service –CH 4:00 Ipad Games—OA 6:30 Neighbourhood Time—OA 6:30 Spiritual Encounters –CH	17 Lunch at Mandarin (Needs to sign up) 9:30 Fitness –CC 2:00 Mass– CH 6:30 Precious Melodies-CH	18 9:30 Fitness– CC 1:30 Crafts—CK 3:00 Friendly Visits—TO 6:00 Neighbourhood Time –OA 6:30 Movie Night –CH	19 9:45 Fitness– CC 10:45 Movement to Music –OA 2:00 Bingo-MS 6:00 Neighbourhood Time –OA 6:30 A Little Bit of This & That –CH
20 9:45 Fitness– CC 10:15 Green Thumb –Greenhouse 10:45 Walk & Talk –TO 2:00 Inspirational Songs & Praise-MS 3:30 Church Service –CH 3:30 1:1 Activity –PA 6:30 Famous Canadians –CC	21 9:30 Music Therapy –OA 10:00 Arts & Crafts-CK 10:00 Coffee & Tea Social –MS 1:30 Green Thumbs-OA 1:30 Story Time-PA 3:00 Move More—OA 4:00 1:1 Activities—CK 6:30 Inspirational Stories -CC 6:30 Karaoke—OA	22 9:30 Fitness –CC 10:30 Hymn Sing –CH 6:30 Bingo– MS	23 10:00 Ontario Early Years– L 10:00 Village Choir-CH 1:30 Active Games –OA 3:00 Themed Group Discussion—OA 4:00 Ipad Games—OA 6:30 Neighbourhood Time—OA 6:30 Spiritual Encounters –CH	24 9:30 Fitness –CC 1:30 Baking—CK 2:00 Communion and Rosary– CH 3:00 Tea Social—CK 4:00 1:1 Activity 6:30 Name That Sound– OA 6:30 Precious Melodies-CH	25 9:30 Fitness-CC 1:30 Crafts—CK 3:00 Friendly Visits—TO 7:00 Elvis Pub Night-MS	26 9:45 Fitness– CC 10:45 Movement to Music –OA 2:00 Golden Oldies –MS 6:30 Bingo –MS
27 9:45 Fitness– CC 10:45 Walk & Talk –TO 2:00 Music & Trivia –CC 3:30 Melody of Divine Love –MS 3:30 You & Me –TO 6:30 Word Games –CC	28 9:30 Music Therapy –OA 1:30 Bingo—CK 3:00 Colouring & Music—CK 4:00 1:1 Activity—CK 6:30 Story of Art –CC 6:30 Oldies Sing-A-Long –OA	29 9:30 Fitness –CC 2:00 Birthday Bash– MS 3:30 Hymn Sing –CH 4:00 1:1 Activities 6:30 Music Trivia—OA 6:30 Bingo– MS	30 10:00 Ontario Early Years –L 10:00 Village Choir –CH 1:30 Active Games—OA 3:00 Colouring & Music—CK 4:00 Walk with Me—TO 6:30 Neighbourhood Time—OA 6:30 Spiritual Encounters –CH	31 9:30 Fitness –CC 2:00 Communion and Rosary– CH 6:30 Precious Melodies-CH	Programs May be subject to change if required	
						Library–L Main Street—MS Chapel—CH Parlor—PA Activity Room—AR Country Kitchen– CK Community Centre—CC Open Area– OA Touring– TO